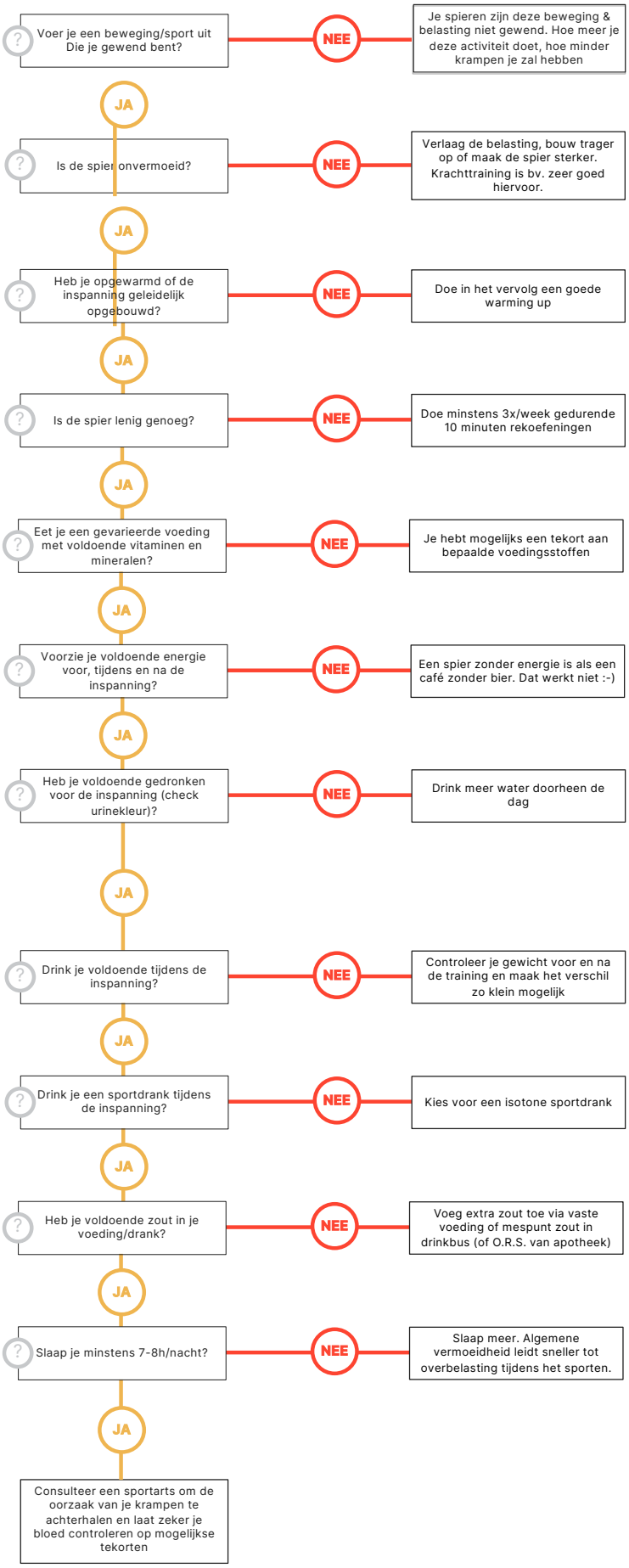
HOE SPIERKRAMPEN VOORKOMEN?



Hello Champ
smart & simple sports nutrition